

BioMat Quick Start Guide

1. Roll out mat on a bed or flat surface.
2. Place gold pattern side down, Amethyst side up.
3. Attach quilt pad with elastic straps to corners of the BioMat. Place a large towel on top of the BioMat for comfort and Cleanliness. Place a small towel on the BioPillow as well. For your pets make sure to do the same to maintain cleanliness.
4. Plug in BioMat.
5. Make sure that the power button on the back of the control panel is in the ON position.
6. Press the timer for two hours or your ideal time. (Mini/Pet Bio Bed does not have a timer)
7. Press temperature button to the highest red setting to warm up the BioMat for 15-20 minutes.
8. When you are ready to lie down set temperature control to the 1st gold setting 113 degrees F/45 degrees C. (This temperature is perfect for BioMat massage)
9. Lie down either face up, face down, or on your side for comfort. Listen to the 15 or 30 minute BioMat guided relaxation CD or any relaxing music or your choice. You may want a blanket or an eye pillow to enhance your relaxation.
10. Before and after DRINK LOTS OF

PURE WATER!
ENJOY!!!!

ORDER YOURS TODAY

Amethyst Mini-Mat/Pet Bio Bed

\$550 + (\$40 S/H) = \$590

Amethyst BioMat Pro

\$1450 + (\$60 S/H) = \$1510

Healthcare Professional Discount

= \$100 off BioMat Pro

Amethyst/Tourmaline

Memory Foam Pillow

\$250 + (\$30 S/H) = \$280

BioMat Pro + Biopillow

\$1700 + (\$90 S/H) = \$1790

BioMat Single

\$2400 + (\$100 S/H) = \$2500

BioMat Queen

\$3200 + (\$130 S/H) = \$3330

BioMat King

\$3840 + (\$160 S/H) = \$4000

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www.4BALANCE.TheBiomatCompany.com

—*Business Opportunities Available*—

*Sometimes
it's nice to
have your
head in
the clouds...*

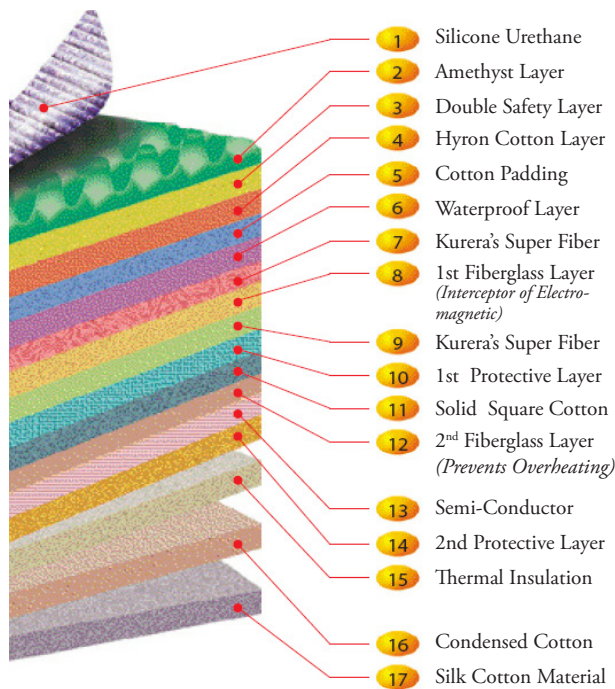


4 BALANCE

Complimentary In-Office
Session Available



Surround Yourself In a Cloud of Healing & Regenerating Negative Ions



INCREASE SEROTONIN LEVELS

Negative Ions are odorless, tasteless and invisible particles that we inhale in abundance near waterfalls, rain forests and oceans. Scientifically they are molecules with an extra electron helping to alleviate allergies, migraines and sinus problems. Once they reach the blood stream, negative ions have a positive effect on the rate at which serotonin is oxidized in the blood stream, resulting in higher alertness, decreased drowsiness, and more mental energy.

ENHANCE STRENGTH, STABILITY AND VIGOR

Amethyst crystal soothes the nervous system, bolsters the production of hormones, and aids in the transmission of neural signals...Amethyst also improves body metabolism, enhances the immune function, and supports the cleansing organs. Because it increases circulation, memory skills can improve with the use of this stone.

ENERGY & TECHNOLOGY

Far Infrared Heat is pure energy in the form of LIGHT from the invisible area of the electro-magnetic spectrum. Far Infrared Heat is the most beneficial light wave, penetrating the skin and increasing circulation to detoxify the body of harmful toxins and acid wastes.

BIOMAT SETTINGS

SELECT FROM 9 SETTINGS TO
CUSTOMIZE YOUR OWN HEALTH CARE

Power Only: Negative Ions Only

No Temperature

- Relief from Severe Pain

Red Lights on Bottom of Control Panel Light Up Neg Ions Will Self Regulate.

Green Settings: Safest for Sensitive Skin + Extended Use

Broad Spectrum Cool Vitality 95°- 104°

- All Purpose Healthcare Program Support
- Super Immunity + Energy Booster
- First Aid + Irritable Symptom Relief
(i.e. Headaches, Indigestion, Jet Lag)
- Regenerative Sleep + Recovery

Low Gold Settings: Cycles of 2 Hours or More

Dynamic Subtle Warmth 113°-122°

- Sports + Flexibility Training
- Cardio + Respiratory Aid
- Blood Pressure + Sugar Regulation
- Female Cycle Balancing + Support
- Youthful Hormone Restoration

High Gold Settings: 9 – 90 Minute Sessions

Deeply Penetrating Warmth 131°-140°

- Joint + Pain Relief
- Stress, Anxiety + Trauma Relief
- Profound Relaxation + Mood Elevator
- Higher Consciousness Tool

Red Settings: Power Sessions of 1/2 to 1 Hour

Deep Heat + Max. Therapeutics 149°-158°

- Sauna Level Cleansing + Detoxification
- Natural Weight Loss + Skin Tone
- Enhanced Sexual Vitality + Metabolic Aid
- Healthy Blood Circulation + Purification
- Environment + Bedding Sanitizer

MINIBIOMAT SETTINGS

Correspond to Above Temperature Settings 95°-158°

PETS CAN ALSO BENEFIT FROM THE HEALING ENERGIES OF THE BIOMAT. ASK YOUR BIOMAT DISTRIBUTOR FOR INFORMATION.